



British Karate Kyokushinkai Training Disclaimer

BRITISH KYOKUSHINKAI KARATE

PERSONAL DISLCIAMER FOR KARATE TRAINING UNDER COVID RESTRICTIONS

Full Name (If parent insert name of child)

D.O.B

Dojo

Acknowledgement and Assumption of Risks under Covid 19 restrictions

I am completing this personal disclaimer in relation to my wishes to participate in a training session or sessions provided by British Karate Kyokushin (BKK) under Covid 19 restrictions

I have read and fully understand the risk assessment and method statement issued by the BKK for training under the circumstances and restrictions outlined in them both.

- I confirm that I understand in full that the activities in which I participate will carry inherent risks associated with any practice within martial arts, Furthermore, I understand that the risk of serious injury or ill health is present, and I have been briefed on the relevant safety rules and regulations in place to help protect me and my fellow students during training.
- I acknowledge and understand that in the club, address as stated above all measures of hygiene and Covid safeguarding/ prevention are being employed, not only my safety but for the safety of all in attendance.
- I understand that the responsibility to provide my own personal equipment (Mitts/Pads/Gi) is my own.
- I understand that the responsibility for maintenance and cleanliness of this personal equipment is also my own.
- I understand and acknowledge that I will not take recourse against the instructor for any Covid related illnesses that I may contract as all measures have been taken to reduce the risk of the transmission of the virus as far as reasonably practicable.
- I will observe all of the procedures and policies that have been implemented into my training sessions on arrival, throughout and also upon leaving.

I confirm that I understand the nature of the Karate training in which I will participate, and appreciate that any practice of martial arts will includes a degree of martial arts based fitness training and that I will be sharing my training space with other people in attendance of classes.

With this in mind, I fully agree that I am fit to participate and that I have been free from Covid related symptoms for a minimum of 14 days. I agree to assume all risks associated with the above, hereby withdrawing any liability from the named club, instructors, association, and other students as referred to in this document.

I understand that as the advice changes on relaxing or tightening COVID 19 restrictions, my instructor will brief me on any updates and I confirm that I will abide by the updated information.

Should I be unclear on any risks involved, or not feel comfortable releasing the above named from all positions of liability, I will not sign this document. Please take my signature as my acceptance and assumption of all risks involved, as described to me by my instructor and stated within this document.

TO BE REVIEWED IF CIRCUMSTANCES OF COVID ADVICE CHANGE /EVERY 2 WEEKS (WHICHEVER IS THE EARLIEST)

Signed (by parent if applicable)

Date

BKK Club Secretary

Date